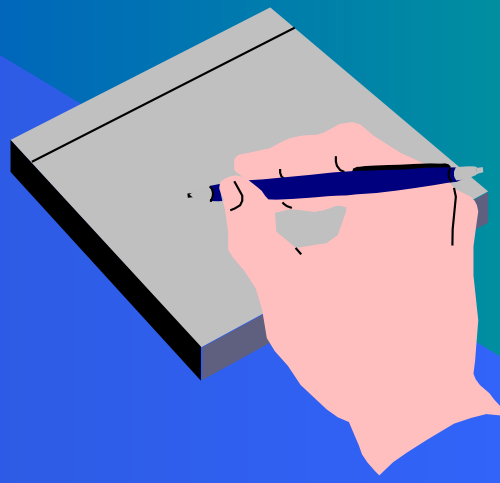
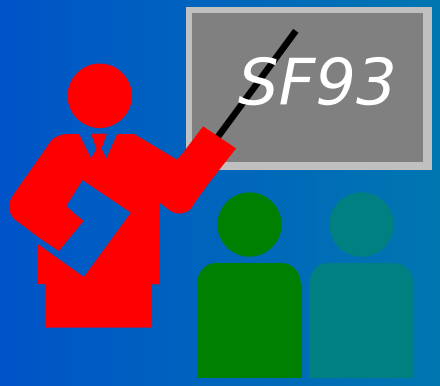
RECORDING A MEDICAL HISTORY



Recording a medical history

Lesson objective - Select the procedures for accomplishing a complete or interval history.

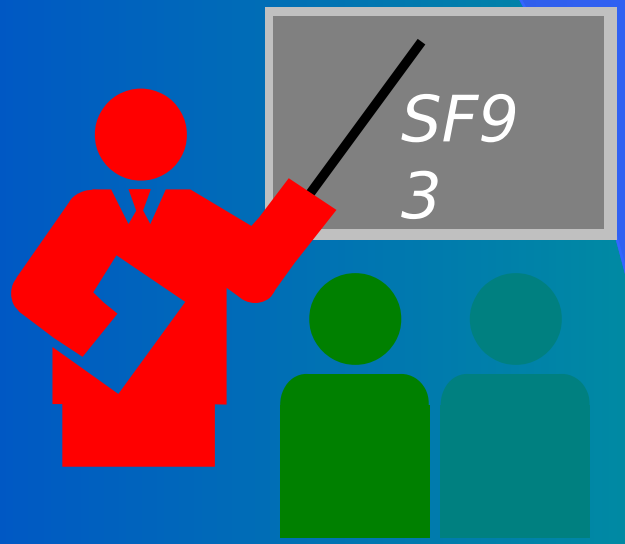


OVERVIEW

- Definitions
- Completion of SF 93 by examinee
- Soliciting a medical history
- Writing the medical history
- Recording the medical history
- Interval medical history

Let’s start with definitions…

- Childhood
- NCNS
- Interval Medical History
- Complete Medical History



DEFINITIONS

- **Childhood** - if an item of medical history occurred when the examinee was age 11 or younger

- **NCNS** - no complications, no sequela

NCNS cont....

- **Complications** - refers to a disease condition concurrent with another disease.

- **Sequela** - a condition following or occurring as a result of another condition or event.

DEFINITIONS

- **Interval Medical History** - only significant items of medical history since the last exam are recorded.

- **Complete Medical History** - any medical history from childhood to present. Must be on file or accomplished for the following:

Complete medical history

- Entry into military service
- Initial Physicals for flying duty
- Lost medical records

Completion of SF 93 by examinee

- One copy (Original)
- Items 1-7 may be typewritten
- Item 8
    1. Short statement of present health
    2. List any current medication
    3. Must state if no meds are taken
    4. Examinee's handwriting

Completion of SF 93 by examinee

- Items 9 and 10 - “x” in the appropriate yes or no block
- Item 11 - “x” in the appropriate yes, no or don’t know block

Completion of SF 93 by examinee

- Item 12 - for female examinees only - male examinees enter N/A

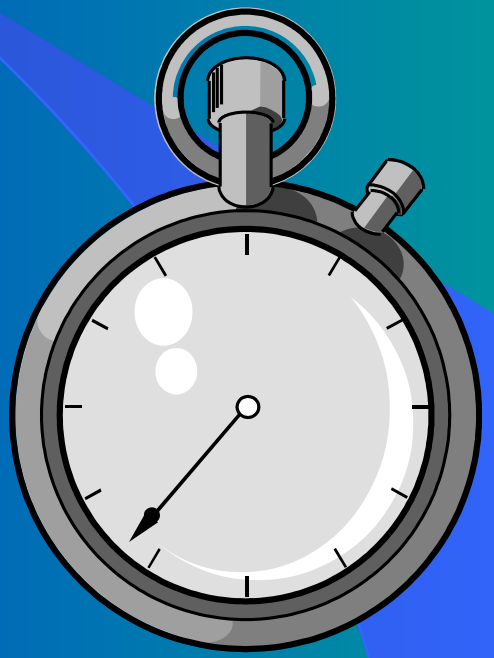
- Item 13 and 14 - self explanatory

Completion of SF 93

- Item 15 -24
  1. Check appropriate block
  2. Explain affirmative checks
  3. Preceded by item reference number
- Signature

So far we have covered…

- Definitions
  - Childhood
  - NCNS
  - Interval medical history
  - Complete medical history
- Completion of SF 93



Soliciting and Writing a Medical History

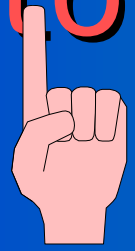
SF93

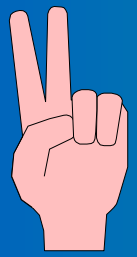
SOLICITING A MEDICAL HISTORY

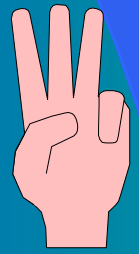
- Private Place
- Must have dates
- First is recorded in a rough draft
- All affirmative and “don’t know” marks must be explained

Writing the Medical History

- Initial Step
- Second Step
- Third Step



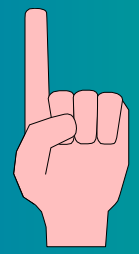




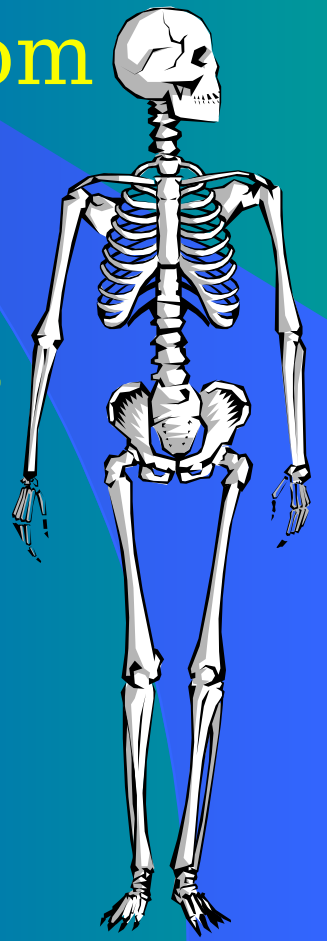
Writing the Medical History

- INITIAL STEP
  1. Did you have any childhood diseases?
  2. Did you have any operations as a child? If so, what were they for?

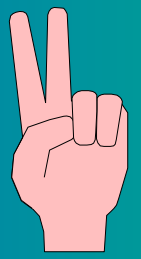
Writing the Medical History



3. Do you have any scars from injuries suffered in childhood that are 1 inch or longer?



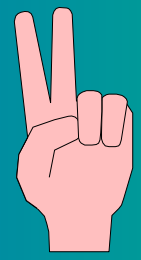
Writing the Medical History



- SECOND STEP - reviewing the SF 93
  1. item 8- If health less than good or on meds, comment must be made

  2. items 9-10 - record info for affirmative answers

Writing the Medical History

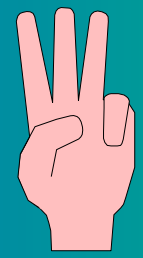


- SECOND STEP - reviewing the SF 93 cont…

3. items 11-12 - record info for affirmative or “don’t know” answers

4. items 15-24-elaborate further

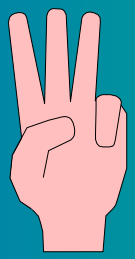
Writing the Medical History



- THIRD STEP - ASK?

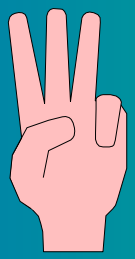
1. Is there a history of diabetes in yourself or your family? (parent, sibling, or more than one grandparent)

Third step-cont...



2. Is there a history of psychosis (mental illness) in yourself or in your family (parent or sibling)?
3. Do you now or have you ever worn contact lenses?
4. Have you ever had irradiation therapy?

Third step-cont…



5. Have you ever experienced motion sickness or disturbances of consciousness?

6. Are there any other items of medical or surgical history that you have not mentioned?

Recording the Medical History

- History is recorded (typed) in item 25 on SF 93 in the following order:

1. Common childhood diseases

2. Operations in childhood (11 or younger)

Recording the medical history cont...

3. Significant traumatic scars from childhood injuries

4. List other items on SF 93 in chronological order

Recording the Medical History cont...

5. List any affirmative answers to the questions in the third step

If all questions were negative responses, record the long denial statement.

Recording the Medical History cont…

If an affirmative response to any of the questions, omit the corresponding phrase from the long denial statement.

Recording the Medical History

- LONG DENIAL STATEMENT

  Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy and all other significant medical or surgical history.

Interval Medical History

- When is it accomplished?
- What are the significant items?
- How do we obtain the info?
- How is it recorded?
- Where is it recorded?
- Short Denial Statement

Interval Medical History

- Accomplished when a complete history is not required
- Significant items of medical history recorded since last physical:
    1. Required hospitalization
    2. Required excusal, grounding, profile change or suspension from flying status

Interval Medical History cont…

3. Do not record “routine items such as URIs, viral illnesses, unless hospitalized or illness is frequent or chronic in nature

Interval Medical History

- Obtaining information
    1. Ask the examinee
    2. Review the medical records
    3. Use SF 93 (Items 8 - 12 and 15 as a guide)

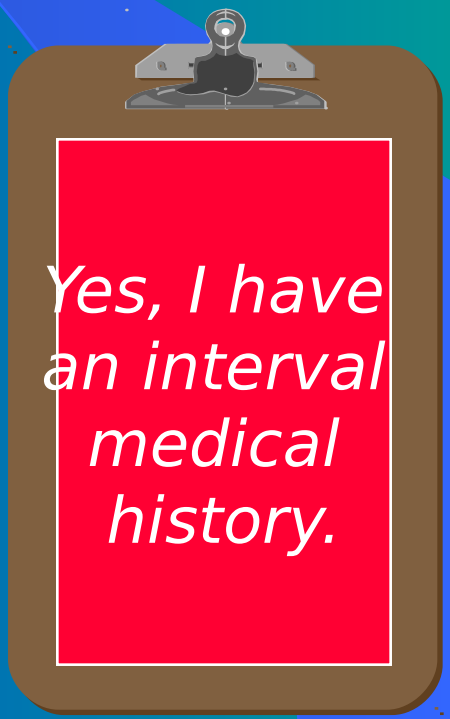
Interval Medical History cont…

- Record in chronological order
- Recorded on most current SF 93 using the SF 507 when needed

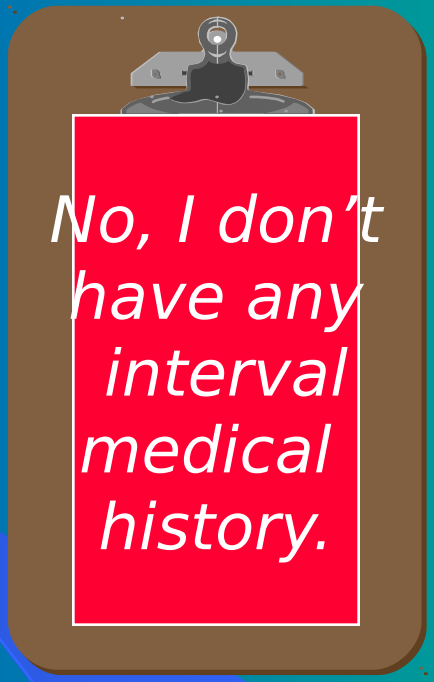
Interval Medical History

- SHORT DENIAL STATEMENT

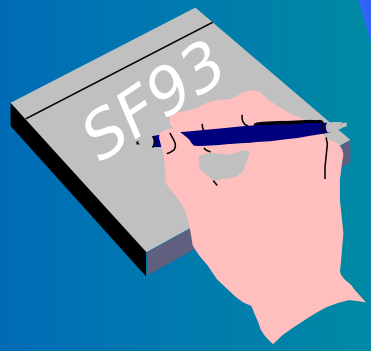
  "No other significant medical or surgical history to report since last examination (enter the date of that examination in parentheses).



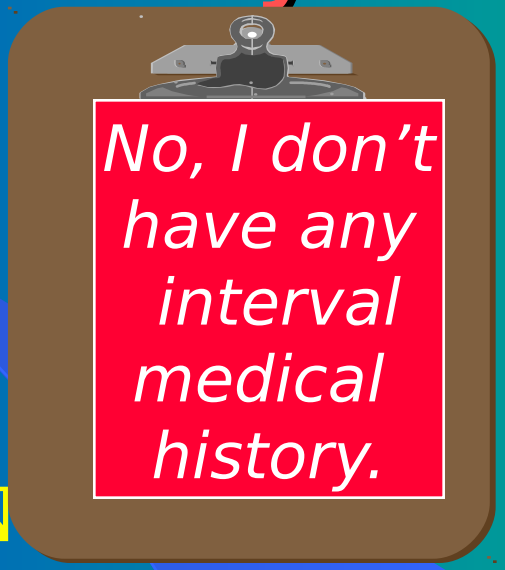
Interval Medical History



- If no interval medical history replace the words "other significant" with "interval" in the short denial statement.



Interval Medical History



So it would read…

SHORT DENIAL STATEMEN

No interval medical or surgical history to report since last examination (enter the date of that examination in parentheses).

Summary

- Definitions
  - Childhood
  - NCNS
  - Interval Medical History
  - Complete Medical History
- Completion of SF 93 by examinee
- Soliciting a medical history

Summary Cont…

- Procedures for writing a medical history
  - Initial Step
  - Second Step
  - Third Step
- Recording the complete medical history
- Recording the interval medical history

Questions?